

Frank Foster House



RUNWOOD
HOMES

SCAN HERE



Care Home in Epping



Residential Care | Dementia Care | Respite Care

Situated in Epping, Essex, Frank Foster House is an 80-bed care home offering residential, dementia, and respite care, with a strong focus on person-led care. Our home provides a welcoming and vibrant community where residents can thrive, featuring comfortable bedrooms, spacious living areas, and dedicated facilities. Residents enjoy a safe and engaging environment, with activities that promote wellbeing and connection to the local community.

At Frank Foster House, we understand every resident is unique. Our wellbeing programme is tailored to individual interests, helping residents stay active, confident, and socially connected through outings, community events, walking groups, and a wide range of in-home activities.

What we offer:



Garden seating areas



Hair & Beauty Salon



Vibrant programme of social activities



Café & Restaurant



Minibus



TV in each room



Unlimited Wifi



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Life at Frank Foster House

My mother has been in Frank Foster House for just over 2 years and has advanced dementia. I cannot praise Frank Foster House highly enough. The home is managed and run by a team of caring, patient, committed and cheerful staff who go above and beyond to care for the needs of the residents. I could not wish for a better place for Mum to be in, and thank all the staff for all they do.

– Daughter of a resident

Contact us: 01992 939900

www.runwoodhomes.co.uk

LOUGHTON LANE, THEYDON BOIS, EPPING, ESSEX, CM16 7LD



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Frank Foster House

Our Care Services In Epping

Residential Care

Residential care at our care home enables residents to live as independently as possible, making the most of the facilities, events, and activities available, while having personal care and support readily on hand whenever needed.

Dementia Care

For those living with dementia, our care home is equipped with appropriate facilities and highly trained staff to provide excellent support and care tailored to each individual's needs.

Respite Care

Short-term support is available for those who need assistance while their primary caregivers take a break. Our care home provides professional 24-hour care in a safe, nurturing environment, allowing loved ones to rest and recharge.



FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD

Activities

We recognise each resident is unique, with a wellbeing programme tailored to individual interests—supporting activity, confidence, and social connection through trips to local attractions, community events, walking groups, and daily activities within the home.

Minibus

We are pleased to provide a dedicated minibus service available at each home. This regular service enables safe, supported trips, community activities, and enjoyable days out, helping residents stay connected, maintain their independence, and experience meaningful moments beyond their everyday surroundings.

Food

We follow guidance from the British Dietetic Association and the Care Home Digest to support residents' nutritional needs. Freshly prepared meals cater to a range of dietary requirements and preferences, creating an enjoyable, social, and dignified dining experience.

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