

Alexandra House



RUNWOOD
HOMES

Care Home in Harlow

SCAN HERE



Residential Care | Dementia Care | Nursing Care | Respite Care

Situated in Harlow, Essex, Alexandra House is a 106-bed care home offering residential, nursing, dementia and respite care, with a strong focus on person-led care. Our home provides a welcoming and vibrant community where residents can thrive, featuring comfortable bedrooms, spacious living areas, and dedicated facilities. Residents enjoy a safe and engaging environment, with activities that promote wellbeing and connection to the local community.

At Alexandra House, we understand every resident is unique. Our wellbeing programme is tailored to individual interests, helping residents stay active, confident, and socially connected through outings, community events, walking groups, and a wide range of in-home activities.

What we offer:



Garden seating areas



Hair & Beauty Salon



Vibrant programme of social activities



Café & Restaurant



Minibus



TV in each room



Unlimited Wifi



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Life at Alexandra House

The staff are all lovely and caring. The staff are always cheerful. The care home is very welcoming. The care home provides a safe, happy & clean environment for residents. I understand the chef makes a lot of lovely food from scratch, which is a lovely thing to do. Thank you all.

- Daughter in law of a resident

Contact us: **01279 598679**

www.runwoodhomes.co.uk

ALEXANDRA HOUSE, HAMSTEL ROAD, HARLOW, ESSEX,
CM20 1BU.



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Our Care Services In Harlow

Residential

Residential care at our care home enables residents to live as independently as possible, making the most of the facilities, events, and activities available, while having personal care and support readily on hand whenever needed.

Dementia

For those living with dementia, our care home is equipped with appropriate facilities and highly trained staff to provide excellent support and care tailored to each individual's needs.

Nursing

Nursing care at our care home supports residents to live as independently as possible, with 24-hour support from a qualified nursing team. Personalised care is always on hand, ensuring comfort, dignity, and wellbeing.

Respite

Short-term support is available for those who need assistance while their primary caregivers take a break. Our care home provides professional 24-hour care in a safe, nurturing environment, allowing loved ones to rest and recharge.



FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD

Activities

We recognise each resident is unique, with a wellbeing programme tailored to individual interests—supporting activity, confidence, and social connection through trips to local attractions, community events, walking groups, and daily activities within the home.

Minibus

We are pleased to provide a dedicated minibus service available at each home. This regular service enables safe, supported trips, community activities, and enjoyable days out, helping residents stay connected, maintain their independence, and experience meaningful moments beyond their everyday surroundings.

Food

We follow guidance from the British Dietetic Association and the Care Home Digest to support residents' nutritional needs. Freshly prepared meals cater to a range of dietary requirements and preferences, creating an enjoyable, social, and dignified dining experience.

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